

Netti 5 Seating Steps

Create good Netti seating solutions

The Netti 5 Seating Steps is part of The Netti Method to secure a good seating position for each user. The Netti 5 Seating Steps is a strategy developed according to best practice and under consideration of current research and findings.

Customer ref.: _____

Diagnose: _____

Known symptoms which influence the seating situation:

Step 1 Clarify expectations

Focus on the expected functions:

Describe the user/carer's expectations for:

Rest

Fine motor movement

Gross motor movement

Skin management

Step 2 Observe & assess

What do I see? When do I see it? Why do I see it?

Observe:

Describe the current seating solution and position as the user presents himself in

Can the user reposition him/herself? Yes No.

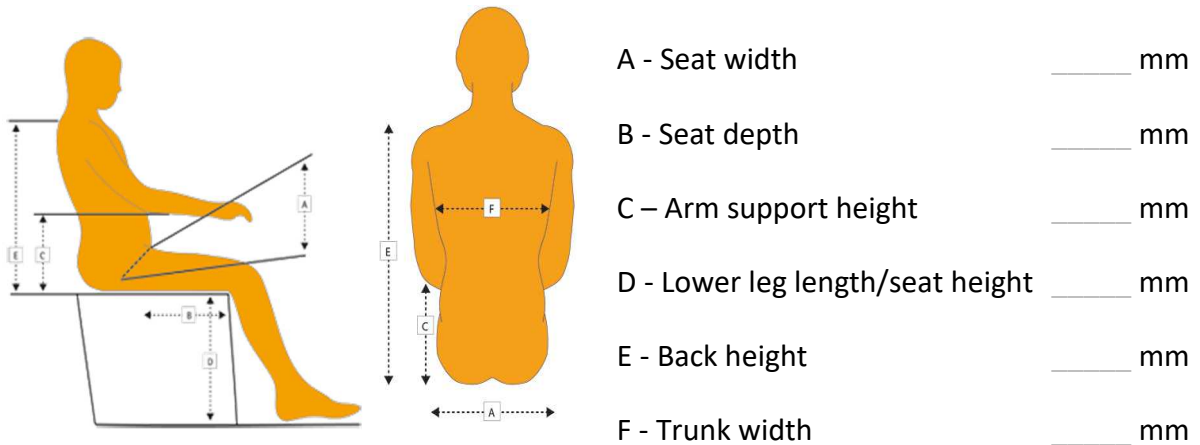
How

Describe the seating position by pictures or drawing

Describe the quality of fine- and gross motor functions:

Fine:

Gross:



Height _____ cm

Weight _____ kg Weight fluctuation (+/-) _____ kg on what period of time _____

Present decubitus/pressure ulcer

Ja, category _____ No

Risk of decubitus

Yes No

Assess:

Are there anomalies? (for ex. spasms, contractions, scoliosis, kyphosis, hip angle) No

Firm Flexible Functional Structural Passive Asymmetry

Degree of strength / endurance?

Range of mobility

a. Head ___ b. Trunk ___ c. Arms ___ d. Pelvis ___ e. Hips ___ f. Knees ___ g. Ankles ___ h. Feet ___

1= very restricted 2= restricted 3= just to neutral 4= okay 5= hypermobile

Stability

a. Head ___ b. Upper body parts ___ c. Hips ___ d. Lower body parts ___

1= very stable 2= stable 3= okay 4= less stable 5= little control 6= no control

Environment

Things to consider in the environment, for example door width, interior/exterior use, institution, roads used, aids/used devices, other accessories, daily activities.

Is an accompanying person required Yes No

Environmental influences on the choice of the wheelchair:

Step 3 – Set strategy & goals

Use SMART – *Specific, Measurable, Acceptable, Realist, Time*

Describe the users posteral requirements for:

Rest:

Fine motor movement:

Gross motor movement:

Skin management

Step 4 – Configure

How do I reach the objectives? (Wheelchair, accessories)

Argumentation Photos Videos Other docs: _____

Describe:

Step 5 – Evaluate

Are the goals reached? Look at step 1 and step 3

Which of the **users expectations** from step 1 have been **reached**?

Which of the **users expectations** from step 1 have **NOT been reached**?

Which **goals** from step 3 have been **reached**:

Which **goals** has **not been reached**:

Further plan:

Describe the agreed follow up and on which date this will happen:

Date:

Signature

Full Name in written
